Ingrid Ludt was born and raised in the Fingerlakes region of New York. She received her B.F.A. with Honors in Design from Rochester Institute of Technology and her M.F.A. in Painting from SUNY Albany. Following graduate school she was an Associate Curator at The Fields Sculpture Park at Omi International Arts Center and taught Intermediate and Advanced Drawing at SUNY Albany. Ludt has been a Visiting Artist and Guest Lecturer at Berkshire Community College and Middlebury College. She was an Associate Fellow at Atlantic Center for the Arts and a Resident Artist at Dorland Mountain Arts Colony. Ludt has been the recipient of several awards from New York Foundation for the Arts. Her work has been featured in invitational group and solo exhibitions at galleries, museums, and universities throughout the country. She currently lives and works in Boston, MA.